

COVID-19 Return to Play Procedure – 4 & 5 July

This procedure has been developed in conjunction with the FNSW 'Return to Play' Guidelines and the NSW Government Health Orders in place at the time.

PARENTS/SPECTATORS

PLEASE ENSURE IF YOU ARE APARENT OF A JUNIOR PLAYER THAT YOU COMMUNICATE THE IMPORTANCE OF THE PLAYER REQUIREMENTS UNDER THE COVID SAFE PLAN

- Before participating in any football activity, coaches, players, team officials, parents/carers and other club members must not attend training or matches, if in the past 14 days they have:
 - been unwell or had any flu-like symptoms, or
 - been in contact with a known or suspected case of COVID-19, or
 - any sudden loss of smell or loss of taste, or
 - are at a high risk from a health perspective, including the elderly and those with pre-existing medical heath conditions.

Check the NSW Government website for advice regarding the full list of symptoms associated with COVID-19 infection:

- https://www.nsw.gov.au/covid-19/symptoms-and-testing
- Minimise the risk of transmission including the dispersion of spectators around the perimeter of the
 pitch and across a range of viewing areas and designating the use of specific seats/areas that meet
 physical distancing requirements.
- Players and spectators are encouraged to leave the facility as soon as possible following the conclusion of their training/games.
- We will ensure the number of people that can occupy indoor spaces are in accordance with the 4m² guideline including toilets and change rooms.
- Players, officials, volunteers, and/or their parents/carers to carry clearly labelled personal hand sanitiser to enable good personal hygiene.
- We understand the importance of not sharing any food or drinks.
- Avoid the sharing of articles of clothing such as volunteer high visibility vests (jacketed marshals will take their own vest home to wash).



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Personal Hygiene:

- Cover mouth and nose with a. tissue or your elbow (not your hands) when you cough or sneeze
- Wash hands with soap and water often
- Use hand sanitiser gel if soap and water are not available
- Do not touch your eyes, nose if your hands are not clean
- Not spitting at any time
- Practice social distancing. If someone comes and stands next to you, move around the field and ensure you implement social distancing requirements.
- All parents/spectators are encouraged to download the COVIDSafe App.
- Premier League/District League Clubs: spectators will be requested to show evidence of the COVIDSafe
 app on their mobile device at the point of entry to a venue. For those who do not have the app, the
 Club will maintain a manual record of spectators details who attend the venue.
- To further aid the fight against COVID-19, Football NSW supports the Australian Government's COVIDSafe app and has strongly encouraged all members of the football community to get behind this initiative.
- The COVIDSafe app can be downloaded from the Apple App store and Google Play.
- We commit to cooperate fully with NSW Health if contacted in relation to a positive case of COVID-19 and notify SafeWork NSW on 13 10 50.
- Parents and Spectators are encouraged to use the following resources and websites in order to obtain accurate information:
 - Australian Government Department of Health: https://www.health.gov.au/news/health-alert alerts/novel-coronavirus-2019-ncov-health-alert
 - NSW Government Department of Health: https://www.health.nsw.gov.au/Infectious/covid-19/Pages/default.aspx
 - World Health Organisation: https://www.who.int/
 - Australian Institute of Sport: https://ais.gov.au/health-wellbeing/covid-19
 - Sport Australia: <u>https://www.sportaus.gov.au/</u>